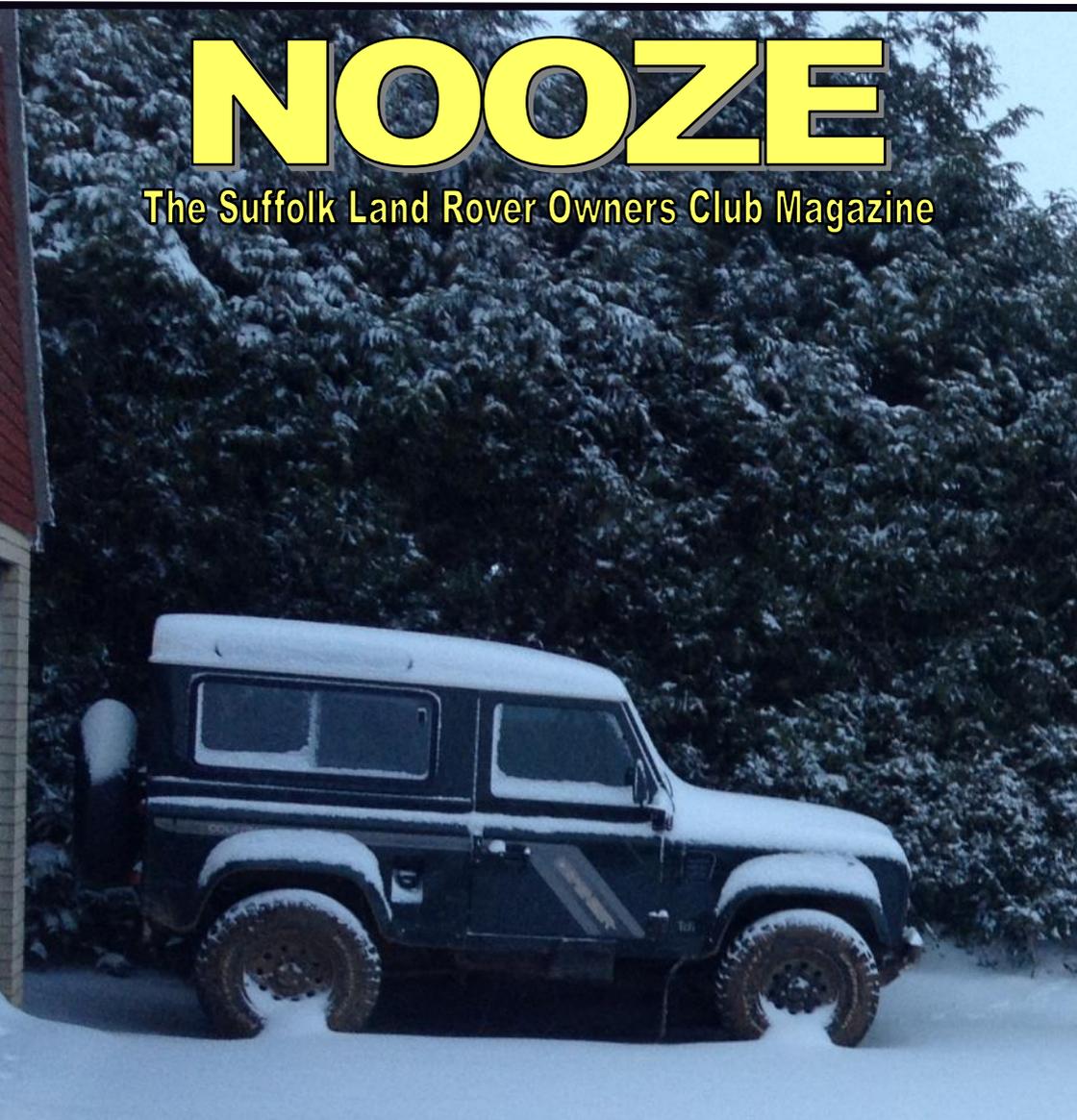




January 2017

NOOZE

The Suffolk Land Rover Owners Club Magazine



WWW.SLROC.UK.COM

FOR ALL YOUR LAND ROVER SERVICING NEEDS



- Fully Trained Land Rover Technicians
- The latest technology IDS & SDD diagnostics and repairs
- Competitive pricing with no hidden extras

LINDACRE LAND ROVER SERVICE CENTRE

2 Farthing Road, Sproughton Industrial Estate, Ipswich, IP1 5AP
Tel 44 (0)1473 461 751. Fax 44 (0)1473 744 048.

LINDACRE IPSWICH



GO BEYOND

NOOZE

is the "mouthpiece" of the
**Suffolk Land Rover
Owners Club**

SLROC welcomes any
comments, contributions or
complaints from our members.
Send your contributions to:

Andy Jeff

51, Woodbridge Road
Newbourne, IP12 4PA.
Tel: 07801 470055

Or email me at:

nooze@slroc.uk.com

COPY DEADLINE:

15th of the preceding
month at the very latest
please.

SLROC uses CB Channel 7

The opinions expressed in this
publication are not necessarily
those of the Editor, Committee,
Club or Company.

Neither can responsibility be
taken for the accuracy or
otherwise of articles or
advertisements placed.

All logo's, legends and artwork
remain the property of SLROC
and may not be reproduced
without permission from the
Committee.

**©2002-2017 Suffolk Land
Rover Owners Club Ltd**

We would like to thank
BETTAPRINT Woodbridge Ltd
For their help in producing
Nooze

SLROC Supports both national
and local 4x4 response groups

Cover Picture

Had to go some way back to
find a snowy picture. You never
know if we'll get some of the
white stuff this year!

Nooze News!

I hope the Christmas break (if you were able to have one) was a good time for you and that Santa was able to bring you all the 'add-ons' you were hoping for. On that note if anyone has had two ARB lockers and a compressor arrive that they weren't expecting, please let me know as my order seems to be missing!

It seems that Matt Hurst had an early Christmas present and gives us a 'Tried and Tested' review on a very enlightening subject.

We were recently asked about 'Soft Shackles' and Pat Corps has been looking into them to check on their suitability for use at SLROC events.

Of course don't forget your membership renewal and if you're a bit late, time's pressing on, but the renewal form has again been included in this month's Nooze so you don't have to pay the extra fiver to re-join after the end of January!

The charity awards for 2016 have already started to happen and Tim and Michel went out to check up on SALSAR, our main charity for 2016, to present their much needed donation and fortunately we managed to snap a couple of pictures for the media (Nooze included).

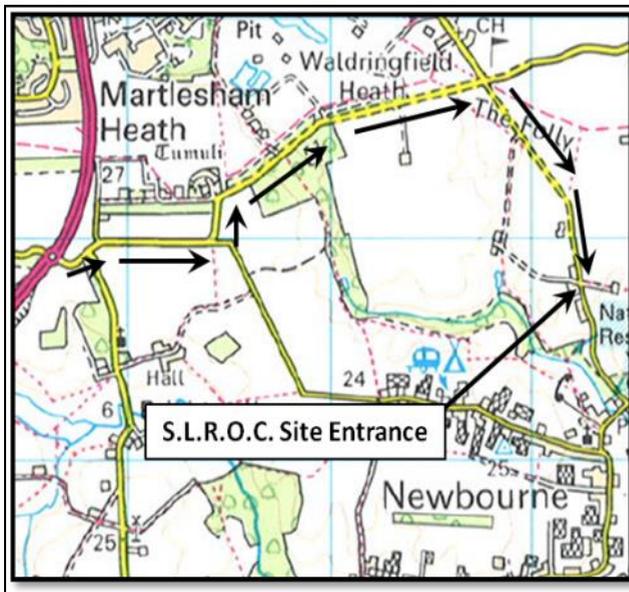
26 Countries... 26000 miles...Zero Punctures! First appeared in Nooze in July 2012. The 'epic' story of the 'epic' journey to South Africa by Rob and Ally Ford has been a mainstay of Nooze that has given us insights into everything African whether it be wildlife, road conditions, border controls, friendships and many many other things. But every journey has its end and you can read about the arrival in Cape Town and the last episode in this issue.

The only other thing to say is keep the articles rolling in and if you're planning a trip of your own in 2017 be it a day out laning in sunny Suffolk or something a bit farther afield, jott down some notes that you can use to put down into a document with a few photo's that can be printed here to show other club members how much fun you had on your exploits!

Enjoy the read and all the best...

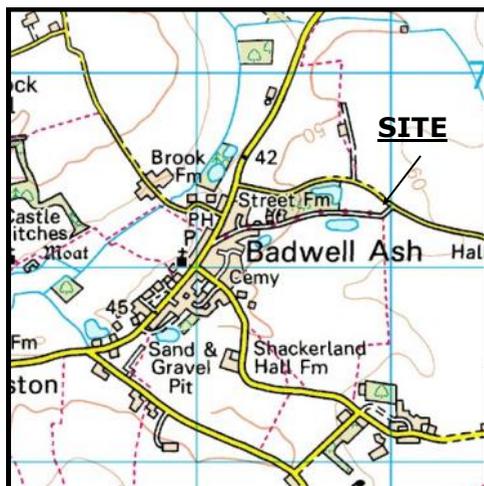
Andy.

Directions to the Newbourne club site



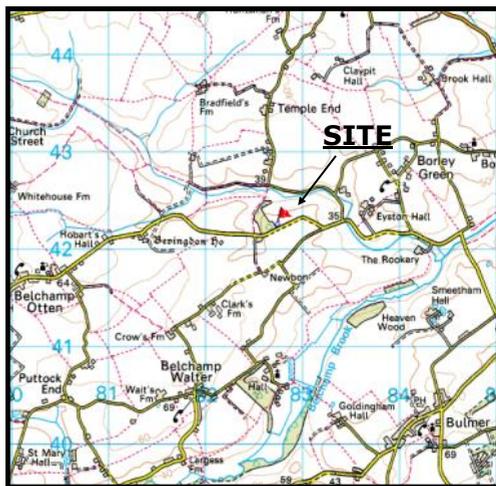
The club has its very own off-road driving site which we use monthly for weekend events, and competitions. The site is situated to the east of Ipswich, near to the village of Newbourne. Strict rules must be adhered to when using the site, to protect the safety of all users. Please keep your speed down around the village, and especially on the access track which has a 5mph limit. See you there!

Badwell Ash



OS sheet 155 grid ref TL 000 693

Snugg's Pit



OS sheet 155 grid ref TL 826 421

Chat From the Chair

Here we are at the beginning of another year and I'd like to wish a happy one to you and yours and hope that all goes well for you in 2017.

The club calendar for the year is as full as ever and promises to be another success for us with shows, competitions, driving days and training sessions being the main components of our year. It's important to note here the part that volunteers play in the running of the club and specifically that every event we run cannot take place without marshals. Those in the orange jackets that 'assist you slightly' when you temporarily lose forward momentum or make sure that a show runs safely or doc you points when in a trial. More importantly though, they are the ones that know how to act when dangerous situations arise, maybe when we're no longer on all four wheels or someone has to be told that they are the danger in the way they are handling their vehicle off road. Basically without marshals events either get restricted or flat don't happen as safety isn't something to compromise on. It's a responsible job volunteering to be a marshal and we hope that the training the club gives is used as often as possible to help all events run smoothly.

But before all of that fun, we've got a winter to get through and whilst it seems that it's going to be another mild one, you never know what twists and turns the weather will bring and we should all be 'motoring' prepared. As well as the mechanicals - a strong battery, anti-freeze in your engine, decent tread on your tyres and winter screen wash for your wipers motoring groups suggest keeping a few essentials in your car

'just in case' you get caught short! A blanket, rug or sleeping bag, a shovel, an ice scraper and de-icer, a torch and batteries and snacks like chocolate or cereal bars. It's all common sense I suppose but if it does snow and you're going a bit further than 'around the corner' it really is good advice. You never know, you might find yourself helping out a motorist less fortunate than yourself! Just ask Tim - spot the Corsa!



Right that's all from me for now, I'll look forward to seeing some of you at the January driving day before enjoying some of that 'fun' at the day into night trial at the beginning of February.

All the best.

Andy.

EVENTS PLANNER 2017

This planner is intended as a guide and as such any event may be subject to change.

<u>When</u>	<u>Club Event</u>	<u>Where</u>	<u>Org</u>
Jan 22 nd	Driving day	Newbourne	A. Jeff
Feb 4th	Day into Night CCVT & Camp Over	Newbourne	T. Gant
Feb 5th	Tyro CCVT	Newbourne	C. Finbow
Feb 19 th	Driving Day	Newbourne	TBC
Feb 26th	Single Vehicle Winch Trial	Snuggs Pit	TBC
March 19 th	Driving Day & AGM (<i>12:30-1:30pm</i>)	Newbourne	A. Jeff
April 2nd	CCVT	Badwell Ash	M. Whitting
April 22 nd	1 st Training Day & Camp Over	Newbourne	P. Corps
April 23 rd	Driving Day	Newbourne	TBC
May 20th	Novice Winch Trial & Camp Over	Newbourne	TBC
May 21 st	Driving Day	Newbourne	TBC
June 24 th	2 nd Training Day & Camp Over	Newbourne	P. Corps
June 25 th	Driving Day	Newbourne	TBC
July 23 rd	Driving Day	Newbourne	TBC
Sept 3rd	CCVT	Badwell Ash	M. Whitting
Sept 10 th	3 rd Training Day (Novice Driver)	Newbourne	P. Corps
Sept 23rd	Tyro CCVT & Camp Over	Newbourne	S. Bareham
Sept 24 th	Driving Day	Newbourne	TBC
Oct 21st	"Ladies" Tyro CCVT & Camp Over	Newbourne	C. Finbow
Oct 22 nd	Driving Day	Newbourne	C. Finbow
Nov 5th	CCVT	Snuggs Pit	A. Cutting
Nov 19 th	Children in Need Driving Day	Newbourne	A. Jeff
Nov 26th	Single Vehicle Winch Trial	Snuggs Pit	R. Lambourne
Dec 30 th	Mince Pie Driving Day	Newbourne	G. King

*****Events requiring Pre-Booking are in bold type*****

Driving Days - **£10*** - Driving Day Junior Afternoon **£5**

CCVT and Tyro Trials - still only **£15 Pre-Booked**

CCVT and Tyro Trial - Arrive & Drive (where permitted) **£20**

***Don't forget: It's only a fiver for each extra driver**

EVENTS PLANNER 2017

This planner is intended as a guide and as such any event may be subject to change.

<u>When</u>	<u>Show</u>	<u>Where</u>	<u>CoC / Org</u>
April 8 th – 9 th	Custom Car show	Stonham Barns	A. Jeff
30/4 - 1/5	Mid and West Suffolk Show	Stonham Barns	A. Jeff
31/5 - 1/6	Suffolk Show	Trinity Park	C. Finbow
June 17 th – 18 th	Vintage Rally and County Fair	Goodrich Park	N. Warden
July 1 st – 2 nd	Country Fair, Wings & Wheels	Heveningham	R. Heather
July 22 nd – 23 rd	The Original Land Rover Show	Kelmarsh	N/A
Aug 13 th	Club Open Day	Newbourne	C+A Jeff
Aug 20 th	Classic Car Show	Stonham Barns	A. Jeff
Aug 26 th	Modern & Vintage Tractor Fair	Suffolk Food Hall	T. Alden
Sept 16 th – 17 th	Henham Steam Rally	Henham Park	R. Heather
Sept 16 th – 17 th	LRO Show	Peterborough	G. King

Soft Shackles

In response to a recent enquiry concerning the use of the 'Soft Shackle'. (a.k.a. the Dynaline Shackle).

The shackle has a Minimum Breaking Load of - 5,830kg (5.73tons).

They are manufactured from 8mm Dyneema fibre, a safe and easy way of joining ropes and strops and much safer in the event of a rope or strop failure, due to its much lower kinetic energy being stored.

Following a Committee discussion, it is felt that the use of the Soft Shackle would be safe within the SLROC, provided it is used for normal rope or winch recovery, but NOT for a kinetic recovery. As with all equipment, they will be checked at scrutineering for damage. Finally, if you're wondering if a worn Soft Shackle will get past scrutineering - Frayed Knot!

I hope this answers the recent enquiry.

Pat Corps

Safety & Training officer.



Please Support Our Advertisers As They Support Us!



**30 YEARS
EXPERIENCE**

LAND ROVER SPECIALISTS

- ✓ *Service*
- ✓ *Maintenance*
- ✓ *Parts*
- ✓ *Accessories*

50% cheaper than the main dealer plus great discounts for club members!

WWW.JSF4X4.CO.UK

01206 396644

**Unit 1, Causeway End Industrial Estate, Lawford,
Manningtree, CO11 2LH**

Please mention 'Nooze' when replying to adverts

Tried & Tested

First off, a disclaimer! - I know I'm not the first (I'm probably one of the last in fact!) within the group to have invested in, and played with LED lighting on their motor - but in the true spirit of NOOZE I thought I'd do a 'tried and tested' report on my experience with a product that I've been mightily impressed with.. After being in South Africa and experiencing my mate's LED light bar fitted to his Toyota



(They're big on Toyota's down there! - it's always a good laugh when we have a jibe at each other about being a Land Rover / Toyota owner!) - well, I was so impressed with it that I've been thinking for ages about getting one...

The time came the other week as everyone else was decorating their houses with LED lights for Christmas, I thought what the heck - I'll treat myself to an early Crimbo present and decorate my Motor with some LED lights!!

Did quite a bit of research to be honest - I was after one of the long LED bars for the roof, and there's a lot out there - they differ greatly not only in size, but also power output (measured both in Watts power and Lumens light output).

Wanted as big/powerful as possible (obviously! - do it once, do it right!) -



- measuring up the motor I decided that the 54" one was just too big and wouldn't fit nicely, so plumped for the 45" that would sit nicely between the roof bars on the Disco.

Also went for best quality that I could determine (always hard with Ebay stuff) - but went for Osram based units, so at least the LED lights themselves are a good brand and will hopefully stand the test of time.



Pressed the Order button, and at £105 plus £8 shipping from Hong Kong I sat back expecting a lengthy wait!

Well, here's where I was WELL impressed! - and I don't mind sharing the name of the seller as I had such a great experience - immediate communication to confirm the order, followed by a SPEEDY shipment via DHL with text messages to confirm shipment progress. From order to it arriving at my house - 6 days - yup, 6 days from Hong Kong!

Well packaged, and they'd kindly made the commercial invoice on the box to be \$20, so I only had to pay about 3 quid import taxes - nice!! So the seller's name on fleabay is Fly-saikende2015 - well recommended from this experience.

Comes well packaged and complete with everything you need including the wiring harness, Relay, Fuse unit and also internal switch with indicator lights (I didn't use this part but wired into some other switching in the vehicle)

Sturdy build quality - all aluminium body with strong brackets for mounting. Even includes the Allen keys for the bolts.

It's the latest 3 row of LED design, with separate sections for the centre spot and edge illumination. As you can see from the photos, the outer edges have lenses that help illuminate the side area, whilst the centre LED's are designed to create a focused, intense spot.

Mounted it all up, making some small brackets to bolt it to the roof bars (wasn't going to make more holes in the roof for even more water to come in!!) - wired in and hey presto - good to go.

Like a kid at Christmas, couldn't wait for it to get dark so I could go out and play!

Bit of fiddling with the vertical alignment to make the spot sit exactly where I wanted it and - WOW! - Amazing is all I can say!!

Hadn't really compared it much spec wise to what a standard headlight outputs, but here are the figures - a Standard main beam headlight is around 1,400 Lumens - this thing? - 27,000 Lumens. Yup, that will do the job nicely!



LAND ROVER SPECIALIST



Servicing, Repairs and MOT work
Vehicle Preparation

Autologic Diagnostic

Visionaire Tracking Systems

10% Discount for club Members ✳

*** On Labour Only**

SWB, Mutford Garage, Nr Beccles. NR34 7UL



I shan't give guidance as to the legality of use on the road, but suffice to say that I've checked and investigated the many regulations/road traffic acts and made sure that the fitment, placement, wiring etc all complies - you can chat to me more on this if you like, but still use of it requires extreme thought, judgement and courtesy on the road if you are going to use it - it's DAMMN bright!

But use off-road and in emergency situations it's just invaluable - as I found out only a week after fitting it .

Driving down Needham near the low railway bridge (you all know the one where vans often lose their flashing beacons) - I went under the bridge, and was confronted by an articulated lorry cautiously reversing having realised his balls-up!

It was dark - and properly dark as well - he was trying to reverse up an unlit narrow road into a small entrance in order to make a turn - not an easy job even during the day..

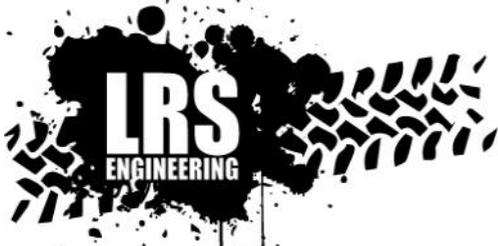
So - chatted to him, he shuffled over just enough so I could squeeze past him - aligned the motor across the road, and turned it into daylight behind him so that he could see what he was doing!!

You can probably see from the picture what a difference it made.

Summary - well worth the money, superb bit of kit and would recommend to anyone thinking of adding that extra light to their motor.

Matt Hurst





**Unit 6 Westmead,
Hedingham Road
Gosfield, Nr Halstead
Essex CO9 1UP
01787 469553**

www.lrsengineering.co.uk



Bearmach
LAND ROVER PARTS



B WILDBEAR

AllMakes4x4
Quality, Value and Performance

Terrafirm
Serious 4x4 Accessories

***Servicing, Repairs, Diagnostics, Programming,
Genuine & Non Genuine Parts Supplied
Registered To Land Rover Online Service System***



Find us on:
facebook.

Day Into Night Trial **4th February 2017**

If you thought that trialling was part of the 'dark arts' then on this occasion you'd be right!

Starting in the afternoon and running into the night, the section which may have seemed like a breeze in daylight is a whole new challenge under the cover of darkness!

Scrutineering from Noon for a 13:00hrs start, expected finish time around 20:00hrs.

Please Note: One extra set of driving lights may be used which must be fitted below the top edge of the bulkhead. For safety reasons, no roof mounted lights may be used.

Please remember it's cheaper to pre-book than to 'arrive and drive' on the day.

Pre-booked entrants fee £15 - Arrive and drive £20 and as usual we need a minimum of 5 entrants to run this event so please book early to ensure it goes ahead.

Pre-booking will be available via the forum, or email compsec@slroc.uk.com.

Tyro Cross Country Trial **5th February 2017**

First Tyro trial of the year so another chance to try your hand at trialling. For the less experienced members, youngsters of 13 and above and just the plain curious. Come and have a go and see what all the fuss is about with this trialling lark.

Scrutineering from 9:00 hrs for an 10:00 hrs start, expected finish time about 16:00hrs.

Access routes around the yellow course will be available between 09:00 hrs and 09:45 hrs for driver familiarisation.

Please remember it's cheaper to pre-book than to 'arrive and drive' on the day.

Pre-booked entrants fee £15 - Arrive and drive £20 and as usual we need a minimum of 5 entrants to run this event so please book early to ensure it goes ahead.

Pre-booking will be available via the forum, or email compsec@slroc.uk.com.

SLROC Membership Renewal

Membership is due for renewal on **1st January** each year. Subscription for the year is just **£30** plus **£5** for additional members living at the same address.

If your renewal is not received by 31st January 2017 your membership will be considered as lapsed.

Please complete the form below and send it together with your payment to:

**Mrs. Jane Bareham, Membership Secretary 20 Camellia Crescent,
Clacton on sea, Essex, CO16 7ET, or email
membership@slroc.uk.com**

Cheques should be made payable to **SLROC** or
BACS account number 03928330; Sort Code 20-22-67.

<u>Member's Details:</u>		Membership No.:
Title:	First Name:	Surname:
<u>Additional Member's Details:</u>		Membership No.:
Title:	First Name:	Surname:
<u>Please attach details of any further additional members including Juniors with their date of birth.</u>		
Address:		
		Postcode:
Contact Telephone Number:		
Email address:		

I enclose payment for £.....

Signed:Date:

I would like to receive my copy of the Nooze Magazine:

Paper

Emailed PDF

Both



Mansfield 4x4

BURY ST. EDMUNDS LTD

01284 767174 www.mansfield4x4burystedmunds.com

**Parts, Accessories, Service, Repair and Diagnostic Testing
for all models of Land Rover and Range Rover**



MOT Testing for all cars

3D wheel alignment available



**Winch mounts • Side bars • Underbody protection • Exhausts
Engine and Clutch upgrades • Wheels and Tyres**

And much more....

Email: info@mansfield4x4.net

Unit A1 Chase Road, Northern Way Ind. Est., Bury St Edmunds, Suffolk, IP32 6NT



AllMakes4x4
Quality, Value and Performance

TerraFirma
Service 4x4 Accessories

ODYSSEY
THE EXTREME BATTERY

DRAPER

GS

GS

WARN

BRITPART

Bearmach

EDGE

LightFORCE
PERFORMANCE LIGHTS

GOODWINCH.COM

SUPERWINCH



Mansfield 4x4
BURY ST. EDMUNDS LTD

01284 767174

www.mansfield4x4burystedmunds.com

***Free air conditioning
efficiency report***

***Free 4 wheel alignment check
with a printed report.***

***Air conditioning regas for
R134 systems £45 + vat***

MOT test class 4 £39.95

MOT test class 7 £47.95

***Parts, Accessories, Service, Repair and Diagnostic Testing
for all models of Land Rover and Range Rover***

Email: info@mansfield4x4.net

Unit A1 Chase Road, Northern Way Ind. Est., Bury St Edmunds, Suffolk, IP32 6NT



STANDING ORDER MANDATE

To The Manager,

_____ (bank/building society)

_____ (address)

I instruct you to pay by standing order from my account to the Suffolk Land Rover Owners Club account at Barclays, account number 03928330, Sort Code 20-22-67.

The amount to be debited is £_____.

Please debit this sum **now**, and annually thereafter on 1st January.

Payee Reference _____
(Please include **all** membership numbers covered by this payment)

Name: _____

Address: _____

Name of Bank/Building Society: _____

Branch Sort Code: _____

Bank/Building society account number: _____

Signature: _____

Date: _____

**Please hand this form to your bank, not to the
Membership Secretary**

Visit to SULSAR

SLROC were pleased to be able to present a cheque for £10,000 to Suffolk Lowland Search and Rescue (SULSAR) from our charity funds raised this year. We would like to extend our sincere thanks to the Suffolk public who donated whilst taking part in one of our experiences at the country shows we attend. In the past 4 years you have helped us raise more than £43,000 for local charities. Here's to you and look out for us next year.





HILLCREST

VEHICLE SOLUTIONS

LAND ROVER SPECIALISTS

- **Specialist Repairs** requiring body removal
- **Chassis repairs** and replacement
- **Engine conversions** and replacement
- **Rebuilds**

- **MOT**
Discount if booked with a service
- **Servicing**
We carry out servicing to manufacturers specifications
- **Repairs**
All general repairs
- **Diagnostics**
Using the latest diagnostic technology
- **All makes and models welcome**
Modern and classic

**All mechanical work guaranteed for
12 months or 12,000 miles**

Hillcrest Vehicle Solutions Ltd, Hillcrest Garage, Cratfield Road,
Huntingfield, Halesworth, Suffolk, IP19 0QB

Tel: 01986 798668 Email: info@hillcrestvs.co.uk

Please call Jono Rout or Sandra French
for a no obligation quote or friendly advice

26 Countries... 26000 miles... **Zero Punctures! - Part 47**

Day 269 26/8. Little Green World, Beaufort West, South Africa 32° 20.84'S 22°34.94'E. Miles today 316, Total Miles 26659

I was treated to a trip down memory lane, as we headed for the Karoo dorp of Beaufort Wes, where I spent a lot of holidays as a child with family friends, the Kruger Family. I had a blast as a four year old, chasing baboons, eating vetkoek (doughnuts) dripping in syrup, listening to stories on the radio (there was no telly in those days), eating biltong (dried meat) and constructing out of control fires behind the garage. Now, as I stand outside this house, it seems SO tiny....and the baboons seemed to have disappeared. We had a real treat that night as Amanda (part of the Kruger Family) still lives in Beaufort Wes and in fact runs a fabulous guest cottage called "Little Green World". (€15 pp for a wonderfully comfortable self catering cottage with kitchen, bath, telly etc.....) We sat chatting and catching up with her for hours before tucking in for a superb nights sleep.

Day 270 27/8. 4x4Africa.com, Outdshoorn, South Africa 33°35.56'S 22°12.15'E. Miles today 112, Total Miles 26771

Back on the road, the end really is in sight. We decided to stop and investigate the Route 62 Wine Route, which runs through the Little Karoo. What a sublime experience. The most awesome scenery with windmills, funky restaurants, vineyards and sheep everywhere. After the most impressive pass through the Swartberg Mountains, we stopped in the sedate, ostrich haven of Oudtshoorn on a whim that fellow travellers, Bronwyn and Andrew of 4x4africa.com had reached their home. We were in luck, they had just arrived three days ago. We had a fantastic evening, laughing until we cried about the adventures of travelling through Africa. A big thank you to both of them for having us to stay at a moments notice.



Day 271 28/8. River Side Camp, Matjiesvlei, W of Caltitzdorp, South Africa 33°25.92'S 21°37.34'E. Miles today 44, Total Miles 26815

We bought some yummy looking Karoo lamb chops and were soon back on the road. Stopped at the BoPlaas wine estate, famous for it's port selection and if you know us well, you'll know that can only spell trouble. We were in there for hours sampling ALL the port. In fact, we've ordered a case of the best for our wedding. Leon, who runs the tasting is hilarious. When we told him of our mission through Africa, he replied, "Man, are you guys crazy? Don't you watch the Discovery channel??" After our 75th port, it was getting late and we needed somewhere to stay. Leon told us of a secret spot down by the river. However, just as we lit the braai, we were approached by Pieter, the owner of the "spot by the river." He seemed somewhat befuddled as to why we had set up camp "in his front garden" However, the moment he found out about our trip through Africa, he seemed honoured to have us to stay and welcomed us with open arms. The Karoo Lamb chops we cooked on the braai that night were without a doubt, the most delicious chops I have ever eaten! Sure wish we had bought more. After several glasses (ok, mugs!) of port and chunks of cheese, we fell asleep to scary baboon noises echoing of the cliffs. Golly, I am going to miss this!



Day 272 29/8. Caravan park, Swellendam, South Africa 34°00.78'S 20°26.99'E. Miles today 156, Total Miles 26991

We enjoyed more of Route 62 and had a luxurious lunch of cheese and wine at a vineyard along the way. The back of the Landrover is now slowly filling up with numerous bottles of wine. Such beautiful scenery all day, as the spring blossoms bring bursts of colour to the countryside. We stopped for the night in the picturesque and historical town of Swellendam. We tried to stay at the Bontebok National Park (so Rob could get some more awesome photos) but sadly, the campsite was closed so we set up camp at the municipal site at the edge of town. It was a sweet little spot with great views. (€4.50pp)



Day 273-274 30-31/8. Four Seasons Farm, Hermanus, South Africa 34° 21.85'S 19°15.95'E. Miles today 173, Total 27144

An emotional day for us, as we headed south to Cape Aghulus, the southern most tip of Africa, where apparently, the Indian and Atlantic oceans meet. A very special moment for us, as the trip really is reaching the end. We spent ages wandering around the lighthouse, taking in very cool views, trying to make this moment last forever. A little later, we drove a bit further round the coast to the whale festival town of Hermanus, where my family own a stud farm up in the Hemel and Aarde Valley. My dad was most miffed that David, the farm manager, got to welcome us home before he did. Sorry Dad, you'll have to wait just two more days until we reach Cape Town. We had the most wonderfully relaxing couple of days on the farm, playing with the horses, cooking yummy wholesome food and of course, drinking port. This is such a precious place.



Day 275 1/9. 2 Zomerlust Av, Cape Town, South Africa 34°02.05'S 18° 25.98'E. Miles today 186, Total 27246

With the flat top of Table Mountain looming, we took a very slow scenic drive towards Cape Town, savouring every minute of the last lap of this epic journey. Fighting back the tears, we slowly turned the corner into the quiet leafy street in the Constantia Valley and finally into my dad's driveway. The first welcoming sights, running out to greet us were, Abigail and Phoebe, the two sausage dogs, shortly followed by my extremely excited family. "Guess that's it honey," says Rob, "the long road trip south is finally over." Wow, what can I say? So long and thanks Africa, we've had a blast!

Anyway, enough waffling...we've got a wedding to plan!



Summary of SLROC Committee Meeting.

Date: 4th November 2016 – 8pm

Attendees – Jack Myers, Michael Whitting, Andy Jeff, Jane Bareham, Si Bareham, Pat Corps.

Apologies – Tim Alden, Gareth King.

Notes from previous meeting

AJ - Proposed

JB - Seconded

Actions from this and previous meetings

3rd Aug 16 - MW Send donation of £250 to the Woodbridge Old Soldiers charity - **Ongoing**

3rd Aug 16 - SB Club trailer to be investigated and purchased. - **Ongoing**

3rd Aug 16 - PC suggests an additional marshal training day to cover winches. Alternatively extend marshal training over two days to allow for additional subjects to be covered. - **Ongoing**

3rd Aug 16 - JM is investigating Rougham off road course. - **Ongoing**

3rd Aug 16 - JB suggests picture boards for use at shows. - **Ongoing**

2nd Sep 16 - MW Making a donation to Suffolk Food Hall Charity. - **Done**

2nd Sep 16 - JM to investigate Cars on the Green for next year. - **Ongoing**

2nd Sep 16 - PC Risk assessment pack to be made and put in trailer, ready for shows. - **Ongoing**

7th Oct 16 - JM to create SLROC Google account and shared Google Drive folder - **Done**

7th Oct 16 - 12V charging system for caravan lights needs repairing - **Ongoing**

7th Oct 16 - TA contacting Stonham Barns for next year's show, but not had a response. - **Ongoing**

7th Oct 16 - PC needs to contact Matt to sort next year's marshal training. - **Ongoing**

7th Oct 16 - PC and safety team need to renew their training qualifications. - **Ongoing**

7th Oct 16 - AC contacted in regards to setting the Snuggs pit trial. - **Done**

7th Oct 16 - TA potential Land Rover 4x4 experience voucher available for auction - **Ongoing**

7th Oct 16 - Need editor for Nooze - **Ongoing**

7th Oct 16 - SB Generator needs checking. Rust in tank and potential blocked filter. - **Ongoing**

Calendar Items

Agree club calendar for publication in December's Nooze - **Done**

PC Prepare IOPD paperwork for renewal - **Ongoing**

TA Invite charities to MPDD for charity cheques – **Ongoing**

Membership

Total Membership 291

Made up of: Full 173, Joint 83, Junior 35

New Members

- Matthew & Felicity Toone Colchester
- Ces Parker Earsham
- Rob Hawley Woodbridge

Proposed & Seconded **PC/MW**

JB - 2017 Membership cards have been printed ready for CIN driving day

JB - Forthcoming membership expenses (approx.)

- Card printer cartridge £15
- 2nd class stamps (100) £55

Finance - Charity split for 2016

SULSAR	£10,000
The Suffolk Punch Trust	£2,000
Suffolk Show Charities	£1000
Heveningham Hall Charities	£753
Henham Steam Rally Charities	£428
Suffolk Food Hall Charities	£281
Woodbridge Old Soldiers Charity	£250
Newbourne Village Hall	£400

Club Site

Maintenance day a success. Lots of work to improve the site has been completed.

Website & Social Media

AJ - 873 likes on Facebook.

All - The club website needs to be updated for dates etc.

Nooze

AJ - 180 copies to be ordered.

AJ - Enough articles for one month only.

Shows & Events - nothing to report

Public Relations - nothing to report

Safety and Training

PC - to organise days for Marshal refresher training.

Competitions

Lots of members booked on next trial.

Winch trial at the end of November is planned to go ahead.

Correspondence

MW has been contacted by Insurance brokers for further info about the club.

AJ has been contacted by Bearmach about relationships with Land Rover clubs.

Any other business

Contacted by the Long Shop museum for an open event at their site.

Committee will agree about large expenses (greater than £20) before spending money.

Next meeting to be held on 2nd Dec. 2016 at Club Site.

SLROC CLUB SHOP

Clothing, Stickers, etc

**All clothing is available to order in a range of sizes and colours,
just ask!**

T-Shirt	£10.00
Polo Shirt	£13.00
Sweatshirt	£16.00
Hoodie	£16.00
Rugby Shirt	£24.50
Fleece	£20.00
Bomber Jacket	£32.00
Overalls	£34.00
Children's T-Shirt	£9.50
Children's Polo Shirt	£11.50
Children's Fleece	£19.50
Children's Polo Hoodie	£14.00
Children's Bomber Jacket	£29.00
Baseball Cap	£10.00
Embroidered Hat	£10.00
Door / Panel Sticker	£4.00
Small Sticker	£1.00
Window Sticker	£1.00
www.slroc.uk.com Sticker (Black, Orange, Silver, Yellow, Red, Blue & White)	£2.00
Cap Light	£3.00
Childs Hi-Viz Vest	£2.50

Prices are correct at time of going to print but may be subject to change.

SLROC CLUB SHOP

Recovery Gear

2M Bridle	£21.00
5M Rope	£30.00
7M Rope	£35.00
9M Rope	£40.00
Bow Shackle	£8.00
'Jate' type Recovery Ring	£15 .00
Battery Clamp	£6.00
Rigger Gloves (1 pair)	£1.00

Prices correct at time of going to print but may be subject to change.

The Club Shop is at most events, and items are also available from:

Chris Finbow: 07771 588298 - Email: clubshop@slroc.uk.com

Please get in touch if you wish to collect items from a Show.

Items will soon be featured on our web site at **www.slroc.uk.com**

Mrs Jennifer Lavelle
MCSP
Chartered
Physiotherapist



- Mobile Physiotherapist based in Marlesford
- Available by appointment, either at home or in clinic
- Dual specialisms: hypermobility disorders and general rehabilitation
- For treatment of neurological, respiratory and musculoskeletal complaints
- Special interest in arthritis, balance (including falls) and deconditioning
- Extensive professional indemnity and public liability insurance

Tel: 01728 747779 Mobile: 07885649055

I am often with patients and unable to answer, please leave a voicemail

CLUB CONTACTS

CLUB PRESIDENT

Ralph Lambourne



CHAIRMAN & CLUB MAGAZINE

Andy Jeff
07801 470055
chair@slroc.uk.com



CLUB SECRETARY

Jack Myers
secretary@slroc.uk.com



TREASURER

Michael Whitting
treasurer@slroc.uk.com



VICE CHAIR

Si Bareham
vicechair@slroc.uk.com



MEMBERSHIP SECRETARY

Jane Bareham
membership@slroc.uk.com



OFF ROAD SECRETARY

Gareth King
offroadsec@slroc.uk.com



CLUB CONTACTS

SAFETY & TRAINING OFFICER

Pat Corps
07887 500799
safety@slroc.uk.com



PR & SHOW CO-ORDINATOR

Tim Alden
pr@slroc.uk.com



COMPETITION SECRETARY

Position Vacant

CLUB SHOP

Chris Finbow
07771 588298
clubshop@slroc.uk.com



Please note: Some of the Committee Members have requested that details of their addresses are not published within the newsletter for personal reasons. Please do not let this put you off contacting any of the Committee, they will be only too glad to receive phone calls (as long as they are at a reasonable time of day, say **no later than 9:30pm**).

If you have any mail you wish to pass on to a Committee Member then it can be sent via any of the published addresses above. The Committee also respects the privacy of each and every Club member, and to that end, we do not give out details of Club members to any other organisation.

Important Information

On entering the access lane to the site, please adhere to the **5mph** speed limit. Failure to do so, may result in removal from the site with no refund of fees.

If only watching or socialising, please turn right to park in the rear car park. Do not park in the main car park or proceed to signing-on/scrutineering.

Trailers to be parked in designated area in main parking area.

If taking part in the event please stop at the signing-on hut first:

For insurance purposes, membership cards **must** be available for inspection at **any** club driving event, if requested. Only members holding a full UK driving licence* and who have **signed on**, may drive at any club event. *With the exception of 'Tyro Trials' where Supplementary Regulations may allow drivers of 13 years and upwards.

Then continue to scrutineering: **All** vehicles must be scrutineered prior to driving onto the courses. Minimum requirements for recovery points are two-points at the front with bridle, and manufacturer's tow hitch at the rear or two 'Jates' and bridle. Please fit bridle before scrutineering.

Seat belts (inc. lap-belts) must be fitted and worn by all occupants.

(No belt, no ride. This is for your own safety).

Once signed-on and scrutineered, you may continue to the parking area.

All loose items must be removed from the vehicle before going on the courses. Vehicles will be checked for these items and stickers.

15 mph site speed limit

No driving along the footpath at the bottom of the site, except at the designated crossing point for access to and from the Woodland Course.

All recoveries under the supervision, and at the discretion of a Marshal. All facets of winching operations may only be carried out by persons aged 18 and over, including rigging.

Pedestrians must not walk on the courses, only the access roads- this is for your own safety.

Children (under 16's) remain the sole responsibility of parents/carers at all times. Children must wear a Hi-Viz vest whilst outside a vehicle in all areas. Children must be accompanied by an adult in all active vehicle movement areas.

Dogs must be kept on leads and under proper control at all times.

It is the responsibility of the owner to clear up after your dog(s).

Do not drive roped-off areas.

Do not remove ropes or posts unless instructed by a Marshal.

Strictly no drinking and driving. No motorcycles or quad bikes.

No tractor, Implement or overly-aggressive treaded tyres.

Please take all your litter home with you.

The Marshal's decision is final

Land Rover Insurance



Benefits available include:

- Agreed Value
- Club Member Discounts
- Limited Mileage Discounts
- FREE Legal Cover
- Off Road & Green Lane Cover
- Breakdown Cover

Specialist Car Insurance

Adrian Flux know how much you love your Land Rover, which is why we are dedicated to finding you an insurance policy tailored to your own personal requirements and driving history. Call us today for a free, no obligation quote.

0800 089 0035
adrianflux.co.uk

Authorised & regulated by the Financial Conduct Authority



DEMAND ENGINEERING Ltd.

demandengineering.co.uk

01473 890 820



**Custom Hand Crafted Stainless Steel
Exhaust Systems For Any Vehicle**

DPF Removal, ECU Remapping And Tuning